



COVID-19 COMMUNITY RESOURCES

Mental Wellbeing Emergency Numbers

Mental Health Crisis Helpline

0800 915 4644

MIND Helpline

0300 123 3393

www.mind.org.uk

Samaritans

116 123

www.samaritans.org

Papyrus- Prevention of Young Suicide

Hopeline number 0800 068 4141

www.papyrus-uk.org

NAPAC- Supporting Recovery From Childhood Abuse

0808 801 0331

www.napac.org.uk

Elderly Befriending Service Numbers

The Silver Line

0800 470 8090

www.thesilverline.org.uk

Housing Crisis Emergency Numbers

Shelter- homelessness, evictions & other housing issues

0808 800 4444

www.shelter.org.uk

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COVID-19 COMMUNITY RESOURCES

Abuse & Crime Emergency Numbers

National Domestic Violence Abuse Helpline

0808 200 0247

www.nationaldahelpline.org.uk

NSPCC Helpline

0808 800 5000

www.nspcc.org.uk

Child Line

0800 1111

www.childline.org.uk

Rape Crisis National Helpline

0808 802 9999

www.rapecrisis.org.uk

Suzy Lamplugh Trust- National Stalking Helpline

0808 802 0300

www.suzylamplugh.org

Victim Support Support Line

0808 168 9111

www.victimsupport.org.uk

Crime Stoppers

0800 555 111- report anonymously

www.crimestoppers-uk.org

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